

UNITE AND IGNITE YOUTH CONFERENCE

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From March 27th-30th, I had the opportunity to accompany two young adults, Ryan Mullin and Shelby Westbury, to the Unite and Ignite youth conference in Ottawa. This annual conference aims to bring together young people and their adult allies to address topics such as bullying and suicide, substance use and abuse, healthy relationships and diversity and social inclusion in Canada. The weekend consisted of participating in group discussions, forming new friendships, karaoke night, a costume dance and a great tour of Parliament Hill. We met people from as far away as British Columbia and Prince Edward Island and learned valuable skills and resources while raising awareness on the issues that affect young people in Canada. The three of us from Community Living Kingston and District were part of the Youth Mental Health and Wellness group where I, as a staff member, learned how to approach mental health issues that the people I support may be facing, while participants learned about mental health, how to express themselves to their adult supporters, and how to live in a mentally healthy way. At the end of our trip, I asked Ryan and Shelby to sum up their weekend. Ryan said, "I enjoyed listening to what people were talking about and meeting great people", and Shelby told me, "My favourite part of the weekend was going to Parliament Hill, and I learned about the different types of stigmas of mental health". The conference was a great way for youth to connect with other youth that are facing the same issues as they are and for adults to learn about resources first hand from

other adult youth centers and apply them to our own programs. We are looking forward to hopefully returning next year!

The Bayswater staff team would like to thank the following parties who contributed to costs associated with this event:

- Lindsay's Joy Fund- one fully subsidized registration approved by Alison, Lindsay Wilson's mom, who felt that this would be something in keeping with Lindsay's spirit of helping a young vulnerable woman feel more empowered.
- Community Living Kingston and District's Public Relations Committee for donating money from the yoga fundraiser hosted by Samatva Yoga Studio
- Curling bonspiel organizers for a sizable donation
- Community Living Kingston and District employees for all of their ongoing support with our fundraising efforts
- Members of the Kingston Community who supported us through donations and by attending our fundraising events.
- Shiva's Delight for raffle donations and sale proceeds.



FROM THE CORNER OFFICE



Peter Sproul, Executive Director

A group of talented, committed Queen's students pooled their efforts this past winter to plan, organize and perform the Vogue Charity Fashion Show. As volunteers, they dedicated countless hours to the show in order to benefit a cause, and the cause was Community Living Kingston and District. With unbridled enthusiasm, the students applied themselves in the most impressive ways that culminated with three shows on successive nights in March at the Grand Theatre. A number of individuals supported by our Association were welcomed to be part of the show as well. Attendance at each of the Fashion Shows exceeded expectations and a total of \$44,000 was raised to benefit our organization and, most importantly, the individuals and families we support.

Everything about the effort was impressive: the commitment of the students, their energy and enthusiasm, and the various talents on display before, during and after the show. Unquestionably, the most impressive aspect of the fundraising effort was the drive and leadership demonstrated by each and every student involved in the process. All are leaders in our community. Through this specific initiative as well as the work they do in their daily lives, they set the example for others to follow. They apply the values and principles of inclusion continually, demonstrating the importance and value of rights, participation and citizenship for everyone. They can be proud of their accomplishments.

Here is precisely how our organization will utilize the funds received from the Vogue Charity Fashion Show:

- *\$5000 will be designated to support children with intellectual disabilities to attend integrated summer camps and receive the extra support necessary to fully participate;*

- *\$15000 will be designated to provide the resources for individuals supported to pursue a personal goal that has been identified by the person where finances have previously been the barrier to achievement;*
- *\$5000 will be designated to assist persons served to attend education, training, and conference opportunities;*
- *\$5000 will be utilized to develop a sensory room for the new seniors day support program opening in June;*
- *\$3000 will be added to the Supported Independent Living fund that supports individuals in that program to pursue recreational and other inclusive opportunities;*
- *\$5000 will be set aside in a separate fund to support families to attend education, training, conferences and other workshops of interest;*
- *\$2000 will be added to the computer fund to provide for the purchase of technology for individuals supported;*
- *\$4000 will be set aside in a discretionary fund for consideration of individual needs, particularly intended to help in dealing with urgent situations.*

All of the funds received from the show will directly impact people with intellectual disabilities across the age span of people supported through Community Living Kingston and District, from young children to seniors. On behalf of every stakeholder of Community Living Kingston and District, I offer a heartfelt and resounding thank-you to all of the Queen's students who were involved in this year's Vogue Charity Fashion Show. We are sincerely grateful for their efforts and are proud to be associated with such an impressive group.



HELEN LYLE MEMORIAL BONSPIEL: ANOTHER SUCCESSFUL YEAR!

Tamara Cordeiro

On February 22nd, Community Living Kingston hosted the 18th Annual Helen Lyle Memorial Curling Bonspiel. With about 100 people in attendance, the atmosphere was buzzing with fun, friendship and good food! As a part of the bonspiel, a silent auction fundraiser and 50/50 draw were held, with money raised going towards the purchase of a mechanical lift for the Options for Seniors Program. Thanks to the very generous bidding of all those who participated in the silent auction and purchased

tickets for the 50/50 draw, over \$3500 was raised! Of course the silent auction would not have been possible without the thoughtful and generous donations of the many individuals and businesses listed below. Thank you to all who helped to organize such a fun and successful day, particularly our Community Services Manager and his wife (Wade and Donna Wright), without whom this much anticipated event would not be possible!

Thank You to Everyone Who Generously Donated Items to Our Silent Auction!!	<i>Princess Parties</i>	<i>Kingston Professional Dog Training</i>	<i>Sterling Jewellery</i>	<i>Community Living Employees</i>
	<i>Erica Faulkner Party Lite Consultant</i>	<i>Sirius Dogs Dog Grooming and Pet Photography</i>	<i>Urban Paws (Midland Ave.)</i>	<i>Ground Zero Paintball (Gananoque)</i>
	<i>Belleville Theater Guild</i>	<i>Sheri Bulmer</i>	<i>Sky Dive Toronto</i>	<i>Pleasure Island</i>
	<i>Vanessa Martin</i>	<i>Atherton House Bed and Breakfast (Niagara area)</i>	<i>Wendy Ann Whitt</i>	<i>All Ways Cleaning Service</i>
<i>Tyendinaga Cave Tours</i>	<i>Wade Wright</i>	<i>Shoppers Drug Mart (Strand Blvd)</i>	<i>Napanee Golf and Country Club</i>	<i>Cedar Valley Golf and Country Club</i>
<i>Putt n Blast</i>	<i>Garrison Golf & Country Club</i>	<i>Black Dog Pottery</i>	<i>Tim Hortons Distribution Limited</i>	<i>Shirley Levene</i>
<i>Laura Keuhl</i>	<i>Dupont</i>	<i>Shiva's Delight (100% Natural Skin Care)</i>	<i>Bath Fitter</i>	<i>Holiday Inn (Kingston Waterfront)</i>
<i>The Amber Room</i>	<i>Mariposa Boat Cruises (Toronto)</i>	<i>Pat Eaton Party Lite Consultant</i>	<i>Stinson Studios (Handcrafted Wooden Bowls)</i>	<i>Niagara Clifton Group</i>
<i>Sandra Payne</i>	<i>Taylor Training Fitness Studio</i>	<i>Tallack Martial Arts</i>	<i>Tara's Natural Foods</i>	<i>Treetop Trekking (Brampton)</i>
<i>Social 4 U</i>	<i>Darbaar Restaurant</i>	<i>The Iron Duke on Wellington</i>	<i>Pauline Cochrane</i>	<i>Rose Garden Bed & Breakfast (Toronto)</i>
<i>Niagara Parks Commission</i>	<i>The Works Gourmet Burger Bistro</i>	<i>Home Depot</i>	<i>Debbie Gouling Alouette Consultant</i>	<i>Quality Tax</i>
<i>PineStone Resort Conference Center and Golf Resort (Haliburton)</i>	<i>Stamped Frosting (Custom Hand-Stamped Jewellery)</i>	<i>Mandy Jordan—Hendrix Restaurant Equipment and Supplies</i>	<i>Medieval Times Dinner and Tournament (Toronto)</i>	<i>Ambassador Hotel</i>



HIGHLIGHTS FROM THE GANANOQUE SITE

ADAM'S STORY

Colleen Kelly-Jansen

Adam Kyes has been involved with Community Living in Gananoque since graduating from Gananoque Secondary School. Adam has experienced numerous obstacles maneuvering through his young adult years. A few years ago Community Living supported Adam to attend driver education, which resulted in him successfully attaining his drivers' license. Soon after this, Adam purchased a car with the help of his Dad. The Association advocated using some of Adam's Passport funding to have his car modified. One success led to another resulting in more independence for Adam. His confidence and self-esteem improved tremendously. Adam has found a new hobby – racing radio controlled racing cars. Initially he participated in weekly racing at an outdoor track near Odessa with his Dad, and then in the winter the club uses an indoor facility in Kingston. Adam now attends this independently or with his brother-in-law. Men from the club meet Adam in the parking lot and help him into the building as there is no accessible entrance to the facility – truly a natural relationship. This hobby led to Adam working part-time at Leading Edge hobbies in Kingston. Adam continues to pursue meaningful relationships and lives in Gananoque with his Mom and step-dad. Adam's extended family is a huge part of his life.



LIVING MY LIFE MY WAY

Articles highlighting successes people are achieving at Community Options

THE OPTIONS FOR SENIORS PROGRAM IS MOVING!

Jeff Harrison, Manager, Community Options

Community Living Kingston is pleased to announce that the Options for Seniors program will be moving to a new location later this year. Starting on the 2nd of June, the program will be moving to a 1700-square foot location at 400 Elliott Avenue (at the corner of Division Street).

This move is an exciting opportunity for the program and will provide participants with a location that is large, bright and welcoming.

Other services offered at the main Community Options site and at the CO2 location will continue in their current locations.

RESOURCE CONSULTANT UPDATE

A WORK IN PROGRESS! CCRS RESOURCE LIBRARY UPDATE

Paula Alger



Our goal in Child Care Resource Consultant Services is to help staff include and support children in their licensed child care or school age program. One of the ways we try to do this is to lend out specialized resources to use with a child. The resources are located in a 'library' at our office at 1412 Princess Street. We receive annual funding and occasional one time funding from the City of Kingston and we have also received private donations, grants and proceeds from various fundraising efforts to maintain and replenish resources as necessary. As you can well imagine, some of the specialized resources can be quite costly. Thank you to everyone who contributes to this in any way, shape or form. We sincerely appreciate it and we could not do it without your support!

In the fall of 2013, CCRCS applied for and were approved grant funding from the Kingston Foundation for Autism Spectrum Disorders (KFASD). The funding allowed us to purchase resources that can be used to help include and support children, including school aged children, on the Autism Spectrum. Did you know that the Resource Consultants at Community Living Kingston and District currently support 46 children on the Autism Spectrum in their licensed child care program? The break down of ages are; four 2 year olds, eight 3 year olds, seven 4 year olds, nine 5 year olds, three 6 year olds, two 7 year olds, four 8 year olds,

one 9 year old, four 10 year olds and two 11 year olds.

We are grateful for the funds we possess to purchase specialized resources to continue to help people see what children can do, in their own unique way, at their own rate of development. The resources purchased from the KFASD grant focused on communication skills, social development and sensory needs. We especially wanted to purchase resources that would be helpful in working with school aged children. Resources such as 'The Incredible 5-Point Scale', fidget toys and books on Autism Acceptance are a few of the resources purchased with this goal in mind.

We will continue to purchase necessary resources as funding allows in order to continue helping all children be included and supported in their community.

Professional development is another way we endeavor to help train, educate and empower teachers in our child care community to continue including children with special needs in their programs. Thank you to the 30 participants who attended the Coffee Time Learning Break # 3 held on April 11th, 2014 at CLKD. The session "The ABC's of ASD (Autism Spectrum Disorder)" was presented by Jennifer Rogers, a Community Counsellor at Pathways for Children and Youth.

"There needs to be a lot more emphasis on what a child can do instead of what he cannot do"
- Dr. Temple Grandin

THE STAFF CORNER

Steve McKellar

WELCOME TO ALL GANANOQUE EMPLOYEES

Community Living Kingston and District would like to extend a very warm welcome to 11 new employees who currently provide support to individuals in Gananoque, having amalgamated services with us on April 1, 2014. **Colleen-Kelly-Jansen**, the former Executive Director of GDACL, is now working as a Manager in our Community Services Division. Colleen oversees the Gananoque site and also has assumed management responsibility for the Supported Independent Living program here in Kingston. **Bruce Rowley, Steve Champagne, Donna MacLean** and **Kerri Steacy**, who is currently on maternity leave, are all long standing employees who work as Full-Time Community Facilitators. **Melissa Seabrooke** is currently filling the same role on a contract basis. Working in Gananoque on a part-time basis as Direct Support Professionals are **Tricia Ort, Leah Reid, Lindsay Thomas, Chelsea McCallum** and **Tammy Browning**, who is also currently on leave. These employees provide support to 26 individuals who live in Gananoque. Now that these staff members have joined the new corporation of Community Living Kingston and District, they form part of our CUPE bargaining unit, with the exception of Colleen who has joined our management team, and we are very pleased to have them on board. I hope you will join me in welcoming these folks to our organization.

RECENT STAFFING CHANGES

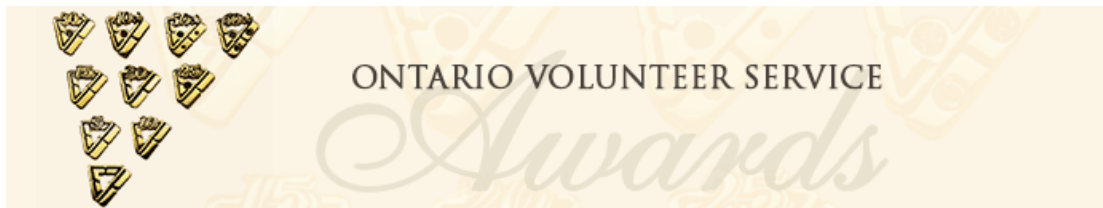
Community Living Kingston and District has recently hired seven new employees to work on a part time basis as Direct Support Professionals. **Maegan Phillips**, a BST graduate who worked here last summer in the Youth Connect program, has now joined our staff team in the Residential Services Division, where she is currently supporting folks who live at Mowat Avenue. She was recently joined at Mowat by **Catia Araujo**, a Social Service Worker student who will be with us for the summer. Joining the Parkway staff team on a permanent basis is **Kaitlyn Running**, a Human Kinetics graduate from St. Francis Xavier University. At Community Options, **Jake Doseger** and Hannah Boyce were recently hired. Jake is a Police Foundations graduate and Hannah graduated from the Behaviour Science Technology program. **Janet Jones**, who completed the Social Service Worker program at St. Lawrence College, is now employed in our Senior's program. **Martha Johnson**, who holds a Bachelor of Arts degree in Psychology from Trent University, is working in the Employment Services Division at Kwik-Shred

YEARS OF SERVICE ANNOUNCEMENTS

The following employees have recently reached a milestone in terms of their years of service with Community Living Kingston and District and we are pleased to recognize their long-standing commitment and ongoing contributions to the organization.

Five Years	Rebecca Mangan Direct Support Professional McMichael	Elisa Bulak Direct Support Professional Smithfield	
Ten Years	Wendy Weiss Resource Consultant Resource Consultant Services	Joy Nielsen Direct Support Professional Arbour/Mowat	
Twenty-Five Years	Lacey Acton Residential Facilitator Smithfield	Kelly Agazzi Community Support Worker Family Home	Eleonor Egidio Volunteer Coordinator

THE VOLUNTEER SIDE



The Ontario Volunteer Service Award recognizes individual volunteers for continuous years of commitment and dedicated service to an organization. Youth (under 24) can be recognized after two years with an organization. Adults are recognized after five years of service and then in five year increments. Each organization may nominate up to nine volunteers. At least three of the nominees must be youth. The awards are presented at ceremonies held across Ontario where recipients are presented with a stylized trillium service pin acknowledging their years of service and also receive a personalized certificate. Here is a list of this year's Community Living Kingston and District's nominees:

Erica Croitoru (youth)

Catena Duscio (youth)

Melissa Fleck (youth)

Sarah Hanna (youth)

Zuza Kurzawa (youth)

Thinh Nguyen (youth)

Lesley Rudy (adult)

Alex Vincent (youth)

Beini Wang (youth)

Congratulations!

PARTICIPANTS OF COMMUNITY OPTIONS MAKE AN IMPACT IN OUR COMMUNITY

Stacy Powell

Community Living Kingston and District provides support to over 650 people and their families who have a member in their family with an intellectual disability.

Our goal: *“That people with intellectual disabilities have every opportunity to participate fully in our community with dignity and independence.”*

One of these opportunities is giving back to community. Community Options, a program of Community Living Kingston and District is proud to say that of the 130 people who participate in the program, more than 100 volunteer in their community, often volunteering at more than one organization. People are supported to volunteer in over 40 community organizations, providing more than 20,000 hours of volunteer time each year. Whether it's stocking shelves at the Food Bank, serving people at the Seniors' Association, delivering mail or cleaning toy structures at the hospitals, participants of Community Options are making a difference in our community!

Jill Holland-Riley, volunteer coordinator with Kingston General Hospital had the following to say about the efforts of participants from Community Living:



“What we sometimes see as small gestures can have immeasurable outcomes. Community Living has been a great source of volunteer recruitment to Kingston General Hospital. We know we can always rely on their clients to give all that they have each time they volunteer and a desire to do the best job possible. And best of all, a smile every time they come to KGH.”

Participants of Community Options are very proud of their contributions and are proud to say that they have a very positive effect on their community!

GET INVOLVED WITH COMMUNITY LIVING KINGSTON and DISTRICT!
Even an hour a week can make a difference in someone's life...

To find out more about our current volunteer, respite and Family Home opportunities contact Eleanor at 613-546-6613 ext. 284 or volunteer@kdacl.on.ca

Already involved? Pass the word – someone you know can make a difference too!

OPENING DOORS...

Sharing Experiences and Achievements in Residential Services

TERRY'S ROAD TRIP TO TORONTO

Sharon Dunn

For quite some time, Terry Planche and I were talking about going to see her brother Doug in Toronto. Terry had never been to Toronto to see her brother. This would be a new adventure for Terry!

After many conversations with Terry's brother, a date was finally set and so the adventure began early on Saturday December 7, 2013.

I picked Terry up at 8:00 am, I didn't tell Terry where we were going, I just told her it was a road trip, Terry did say "I'm nervous", but once in the car with coffee in hand and her favorite music playing, Terry looked over at me and said "I'm not nervous anymore, I'm happy" and then asked me to turn up the music and the singing began.

When we stopped en route at a Service Station, Terry enjoyed chatting with people in the Service Station that she was on an adventure. Terry had a snack and was happy to get back on the road. We got to Toronto in just under three hours, and we checked into our motel. Terry was happy to see her room and said "I like this bed" and "I like staying in motels". Once all settled and unpacked, I asked Terry if she would like to go for a short ride somewhere. Terry said "Where are we going Sharon"? I replied, "How would you like to see your brother Doug?" Terry looked at me and said "Sharon, do you really mean it? Am I going to see my brother"? I said yes, and with a huge smile from Terry we headed back to the car.

Once at Doug's house, Terry was so excited to see her brother, her sister in law Helena, along with her nephew Robert and his wife Jamie and Terry's great nephew Christian, as well as her other nephew David and niece Diana. Terry was greeted with lots of hugs and right away she felt comfortable and sat in a big comfortable chair in the living room. Once settled, Terry gave Doug a Christmas gift she had brought him, and in turn, Terry received lots of gifts from Doug and her nephew and niece. It was a great day. Terry said "Thank you, thank you very much" often. After the gift exchange we settled into the dining room, where a great meal was set out for Terry which included all of her favorite foods. Terry was very happy and kept telling me, "I am enjoying being at my brother's house".

After dinner, everyone sat back in the living room where her oldest nephew Robert started to play Christmas songs on the piano. A few times he had a bit of trouble figuring out the notes, but Terry was proud to reach over to the piano and hit the keys saying "It's like this Robert"! Everyone had a great time, lots of laughs, smiles and singing. When it was time to leave, Terry gave everyone a hug and told Doug "I will



miss you Doug, thank you for having me". It was a beautiful afternoon.

On the way back to the "motel Terry talked a lot about her brother and the wonderful time she had.

We got back to the hotel around 6:00 pm and decided to get into our comfy clothes and watch a movie in bed. Terry was happy to be in the motel and she really liked the big bed and television.

At the end of the weekend we headed home, making a few stops along the way, enjoying the decorations at the Big Apple, where Terry bought herself a new hat. When we were almost home, Terry asked if she could go to see Doug again, and I said I will gladly go with her in the spring.

Terry's visit to Toronto was a great, memorable trip, and I was very happy I was able to experience this trip and the love Terry's family has for her. Hopefully many more trips like this will follow. Doug described it in the following manner:

"It was an exciting day for all when my sister Terry visited us for the first time, all the way from Kingston. After a lasagna and chicken lunch we spent the afternoon singing songs, playing games and enjoying each other's company. Hopefully, we can have another get together soon".



MARY AND CATHY'S PROUD MOMENT

Cynthia Arpin

The beginning of 2014 brought a new year and a fresh start for people to accomplish their goals. Kathy Milsap and Mary Matuska accomplished one of theirs on January 12th 2014 when they became official members of Cookes Portsmouth United Church.

Kathy and Mary are not new faces in the congregation. They have been attending the weekly services now for a least ten years. The idea for this goal first started when the church was looking for a new minister. The decision to invite Nadene (the churches current Minister) to join the Cooke's Portsmouth Church family was made through a vote by members of the congregation. At this time it was realized that Kathy and Mary were unable to take part in this decision making process as they were not on the list identifying members of the church.



I felt that it was an important part of my advocacy role at this point to bring up the idea of becoming members to them. Lacey, Charlene and I spoke with Mary and Kathy about becoming 'full members' of the church. Once they had confirmed that this was a goal they wanted to work towards, we began the process. I spoke with Reverend Nadene and inquired about how people can achieve 'full membership'. A few email conversations later, Reverend Nadene came to visit Kathy and Mary at their home. She spoke to both of them about what the service involved and wanted to ensure their comfort level while standing at the front of the church. Reverend Nadene was caring, comforting and supportive during the entire process.

On January 12 2014, Kathy and Mary were welcomed into their church family. Lacey and Charlene stood up at the front with them to give support while I sat up front to take pictures of their special day. Mary and Kathy answered the questions and appeared comfortable during the service of being baptized and confirmed. They each received a bible, prayer shawl and a candle as keepsakes. The three of us could not have been more proud of them. They both did a great job and received recognition from their church family. After the service, they celebrated with a cake to welcome them. During the social time several members approached them and we heard nothing but positive comments.

Kathy and Mary will not just be going to church each week, but they will be visiting with their church family. To quote one of the other church members regarding their day - "It is about time!"



PARTNERS FOR PLANNING RESOURCE NETWORK

The Partners for Planning Resource network is an innovative online resource designed to offer families caring for a relative with a disability a variety of interactive tools and strategies. With a focus on future planning, the Resource Network will provide resources to help families:

- *Develop and sustain supportive relationships;*
- *Understand legal issues (e.g., wills, trusts, supported decision-making);*
- *Consider a variety of creative housing options;*
- *Identify strategies to help build a meaningful day and life by leveraging community-based opportunities; and*
- *Develop a long-term financial plan that incorporates valuable resources like the Registered Disability Savings Plan (RDSP)*

This web-based tool will provide webcasts and webinars, a provincial Professional Services Directory listing lawyers, accountants, independent facilitators, and financial advisors specializing in disability issues, a Learning Centre with engaging and interactive modules and a Doc Zone.

Community Living Kingston and District recently partnered with the Ministry of Community and Social Services and Community Living Ontario to make the Partners for Planning Resource Network available in the Kingston and Gananoque communities. To gain access to this new and exciting resource go to Community Living Kingston and District's website (www.communitylivingkingston.org) and click on the Partners for Planning Resource Network link.

QUALITY IMPROVEMENT UPDATE

Jeff Harrison

Each year, Community Living Kingston and District completes an Accessibility Plan that outlines how the organization will work towards removing service barriers to our consumers. The following outlines the work that was completed over the past year.

- A new home for the Options for Seniors program has been secured, removing an environmental/architectural barrier
- The front ramp at McMichael was replaced, addressing an architectural barrier;
- The washroom at Roosevelt was revamped, including a new, more accessible shower, addressing an architectural barrier;
- Architectural barriers at Arbour-Respite and McMichael were addressed through the purchase of ceiling track lifts.
- Transportation and community integration barriers were addressed through the purchase of new vehicles at two locations.
- A mobile portable ramp was purchased to address architectural barriers in the community.

- A second SMART board was purchased for Community Options, this one for the 1412 program, addressing a communication barrier;
- Six staff have attended courses in American Sign Language through the Canadian Hearing Society, addressing a communication barrier;
- An automatic door opener was purchased at Co2, addressing an architectural barrier.
- A communication (and health and safety barrier) was addressed with the installation of a strobe light on a fire alarm system at Arbour-Respite.
- An attitudinal barrier was addressed via the implementation of a policy promoting person-first language.

A new Accessibility Plan is in the process of being developed. Anyone with suggestions on how to make Community Living Kingston and District more accessible can contact Jeff Harrison at jharrison@kdacl.on.ca or at (613) 546-6613 x 285.

OUTCOMES REPORT CARD 2013-2014

What is this Report Card?

Every year, Community Living Kingston and District sets goals to try to make ourselves better. We collect all sorts of data to try to see how we are doing. Every year, we put together an Annual Management Report with all sorts of information and statistics about how we did with our goals. However, this report can sometimes be very detailed and complicated. This report card is an attempt to let people who are important to us know how we did, but in an easier format.

What do the Grades Mean?



Thumbs Up: We met our goal and have a pretty good handle on things



We Did OK: We either met the goal but didn't do as well as last year, or we just missed the goal but made an improvement



Thumbs Down: We didn't meet the goal, and we have some work to do

What is Accreditation?

Being accredited means that we are keeping up with the best practices in our field, and are maintaining strong service, health and safety, and business standards. A team from CARF last visited us in 2013, and we received a three-year accreditation, the maximum possible. The report from this team is on our website. Another team will be visiting us late in 2016.

Where to Get More Information

More information is available in the agency's Annual Management Report. This report also has a number of CLKD's plans, such as how to keep on top of technology and accessibility issues. You can get a copy of the Management Report by contacting Jeff Harrison at (613) 546-6613, ext 285, or jharrison@kdacl.on.ca. All of this information can also be found in the Accreditation and Quality Improvement section of our website: www.communitylivingkingston.org. Our newsletter will also have a Quality Improvement update section in each issue to let you know how we're doing.

OUTCOMES REPORT CARD 2013-2014 con't

Residential Services

What We Wanted To Do Our Grade

Make sure that people were connected to people not paid to support them



Child Care Resource Consultant Services

What We Wanted To Do Our Grade

Get families into services quickly once they've been referred



Community Options

What We Wanted To Do Our Grade

Make sure that participants have ongoing work (paid or volunteer)



Residential Services

What We Wanted To Do Our Grade

Make sure lots of families and workers were signed up to respiteservices.com website



Respite Services

What We Wanted To Do Our Grade

Make sure the house at Arbour was used frequently



Residential Services

What We Wanted To Do Our Grade

Get families into service quickly



Supported Independent Living

What We Wanted To Do Our Grade

Make sure people had volunteers or were volunteers themselves



Residential Services

What We Wanted To Do Our Grade

Make sure that Family Home arrangements were long lasting



facebook Be sure to check out Community Living Kingston and District's page on Facebook. Learn about upcoming events, share opinions and hear about how others are making community living a reality.

Check us out at: www.facebook.com/communitylivingkingston

MORE FROM THE VOLUNTEER SIDE

DISABILITY AWARENESS

Eleonor Egidio

March was Best Buddies Awareness month. One of the activities planned was a Disability Awareness evening at Common Ground on campus. Buddy pairs were invited to come to talk about their experiences which included a discussion about inclusion, attitude barriers and the importance of friendship. The group especially enjoyed listening to Lisa Hewitt and Adrienne Kurji from People First of Kingston talk about some of their experiences in the community and of course, seeing the person first and not the disability. Adrienne uses picture symbols to communicate and often people assume she cannot communicate. She expressed that she would like people to communicate with her directly, not to the



person who appears to be supporting her. Adrienne expressed another one of her pet peeves was being treated like a child instead of an adult.



People First of Kingston is a self-advocacy group for people with developmental and physical disabilities. People First of Kingston is a local chapter which follows the mission statement of People First of Ontario. The purpose of which is to promote equality for all persons, to assist all to speak up for themselves and make their own decisions. They strive to teach all members of their RIGHTS, ABILITIES and STRENGTHS.

Inspiring Possibilities



Community Living Kingston and District promotes full participation for individuals who have an intellectual disability

Become a Full Time or Respite Family Home Provider and help make community living a reality!

Enrich your life by sharing your home with someone who has an intellectual disability on a full time basis or for weekend visits and short stays.

As a provider for Community Living Kingston and District, you will receive reimbursement, person specific orientation and ongoing support. For more information contact Eleonor at 613-546-6613 ext 284 or volunteer@kdacl.on.ca

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